



— the Chapel at Seaside —
FROM THE TOWER

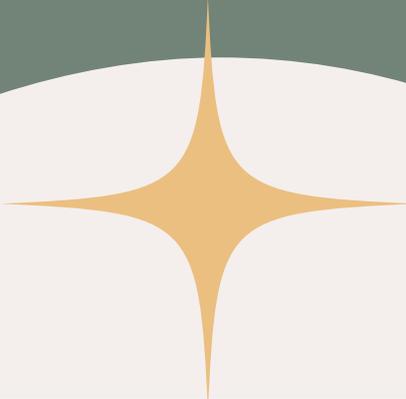
FEBRUARY 2026 | VOL 37

ABIDE IN JESUS. BE CHANGED BY JESUS. EMBODY THE WAYS OF JESUS.
For the Glory of God and the Good of Others

Everything you need to know about the Lenten Season.
How to Stay Connected Through Easter
New Chapel Affiliates and New Service and Communion Times

We are beginning a journey. From Ash Wednesday, February 18th to Easter Sunday, April 5th we are in a season of reflection, refinement, and restoration. This season is called the season of Lent. For more than 1500 years followers of Jesus have spent time fasting and praying leading up to Easter morning. The word lent is rooted in several languages and is connected to the number 40 (the amount of days not including Sundays from Ash Wednesday to Easter). As well, the word lent is connected to the word meaning lengthening. The days are being lengthened and stretched, because spring is coming. As we spend the next 40 days, the days will become longer and if we allow it, we will be stretched as we prepare to celebrate Jesus defeating sin and death and redeeming all things. I hope you will join us on this journey.

In this Tower you will also see an invitation into our next practice in this season, Solitude. We pray you will take the time to consider the invitation.



DON'T FORGET
THIS WEEKEND

WE MOVE TO
TWO SERVICES
EVERY SUNDAY

8:30 AND 10:00AM

KIDS AND YOUTH PROGRAMMING
AT THE 10:00 ONLY

NEW COMMUNION SERVICE
TIMES BEGIN

MARCH 1ST 9:35

Chapel 101 - Affiliate

We now have the opportunity for you to participate more fully as an Affiliate member of The Chapel. If you want to know more about how or if you are just curious about what The Chapel believes, we hope you will sign up for a Chapel 101 Class.

These small group gatherings are a chance to learn who we are, what we're about, and how you can become deeply connected to the life of our Chapel community. [Click here to register](#) – new classes will continue to be added - If you are not here full time, we have the option for you to zoom in!



Noon Prayer

We will maintain our regular Tuesday Noon Prayer Hour.

NO PRAYER HOUR ON MARCH 17th

Each week we make space to hear from the Lord.

It is a time of live worship and self guided prayer. You can come-and-go or stay the whole time

Communion Time Change

March 1st we will begin having Communion at 9:35am on the first Sunday of the month. This is between our 2 services.

We offer an open table to all who want to partake.

We will not have Communion on Easter Sunday.

Bible Study

We are well into our study of the letter to the Ephesians. It has been rich and beautiful. If you are missing it, you don't have to. Tune into the Podcast to stay up to date with our **Bible Study Notes**. Click that link, or search "The Chapel At Seaside" wherever you stream your podcasts.

Men meet at 8:00 and Women will meet at 9:30 am. at The Chapel.

READ ON TO SEE ALL OF THE OPTIONS OF WAYS TO PARTICIPATE IN LENT AND EASTER.

CHECK OUT THESE RESOURCES

Lenten Guide – Over the course of Lent it is helpful to have regular readings or reflections. [Click here to access our 2026 Digital Lenten Guide; Encounter](#) or pick one up at The Chapel while supplies last.

Lenten Playlist – We've created a Spotify playlist that has songs to turn our hearts and minds towards reflection during this season. [Find the playlist here.](#)

Ash Wednesday Service – Wednesday, **February 18th at 6pm** at The Chapel. This is a service that prepares our hearts and minds for the journey we are beginning. It will be an hour and will conclude with congregants receiving ashes on their forehead or hand if they choose.

For more information, you can follow us on social media [@thechapelatseaside](#) or stop by our website at Thechapelatseaside.com

ENCOUNTERING GOD THROUGH SOLITUDE

This season is a beautiful time to incorporate inviting our community to examine and practice the role of solitude in their spiritual lives. It seems obvious that when we intentionally make space to try to tune out the world, our desires, our worries, and our expectations to tune in to the promised presence of the Lord we will have Holy encounters. The Spirit will speak to us through God's word, through our inner being, and God's movement in our lives through our interactions with His Creation and His people.

Each Sunday through the Lenten season, Andrew will be preaching on encounters with God and Solitude. During the weeks of Lent we are encouraging you and our Chapel Communities to explore the Solitude Practice from our friends at Practicing The Way together.

Our hope is that wherever you are, you would consider grabbing a friend or family member and meeting weekly to watch the teaching and discuss what the practice of solitude is in your own lives. This is an invitation to add another spiritual tool to your toolbelt for those seasons when things feel dry or plateaued. We are asking our Chapel Communities to join in this journey.

To access the content in conjunction with the Chapel and to watch on your own, you can join the general Chapel at Seaside Group through this [link](#)



You can read more about this on the next few pages, or check out our website thechapelatseaside.com/solitude

WHY LEARNING ABOUT SOLITUDE COULD CHANGE YOUR LIFE

As the leadership of this church, we are not your relationship with Christ and could never be. You may come to church on Sunday morning and you may come to Bible Study or listen to our Chapel Study Notes podcast, but you are responsible for making space in those quiet moments to meet with God. You choose how to spend your minutes and resources. We, however, can help train you with the tools necessary to build a beautiful life in Christ. For this, we believe an incredible way to commune with God is to draw away, just as Jesus did, so you can intentionally be with God. Solitude, for many, is hard or undesirable, but we believe, God has something for us when we make the space to be aware of his presence and voice in our lives.

As always, we want to be absolutely clear...growth, depth, and fruit is what we are hoping to see, not legalism or some performative perfection. One of the reasons we try things that Jesus did (and the early church prioritized) is to see if they produce spiritual fruit worth the effort. When it comes to an experiment of our spiritual life, we always start with the question, "What do you have to lose?"

We hope you will read on and dare to join us in our Solitude experiment in this Lent Season.

WHY WOULD I ACCEPT THIS INVITATION?

We don't expect everyone to integrate every practice we teach into their lives. In fact, it's been said that the average Christ-follower should consider prioritizing 3-4 practices. Of those, 2-3 should feel relatively natural, while one will likely be more challenging. Why? Because without challenge, there's no growth. And when those 3-4 practices become second nature, it might be time to stretch yourself further.

Let us be clear: aside from prayer, no spiritual practices are commanded. We're not promoting a works-based salvation or legalistic faith—Jesus already accomplished the work on the cross. But when Jesus offered abundant life, we don't believe he meant you have to wait until you die to experience it. Abundant life is available today.

Spiritual practices are a means of becoming a person of love—a person living life to the fullest, a person who looks like Jesus and serves as a light to the world. When we abide in the ways of Jesus, we're changed by him, and we embody his ways and this is all for the glory of God and the good of others.

Jesus called us to go and make disciples. Spiritual practices are the guards and guides that help us along the way.

HOW TO PARTICIPATE IN THE SOLITUDE EXPERIMENT

Entry Level - Beginning Sunday, Feb 22nd, The Lent Season will be in session. Andrew will be teaching sermons on the topic of Encountering God over the next 6 weeks. You can join us for worship, tune in online, or listen to the podcast.

Going Deeper

If you are a part of a Chapel Community. We are asking your group to use the Practicing the Way Solitude curriculum for 4 weeks together so you can discuss the content and how your relationship and understanding of solitude as an act of spiritual formation is developing. You should have already received an email about this. Get with your group to make sure you have access to the resources. Reach out with any questions.

If you are not part of a Chapel Community and want to join the journey here are two suggestions.

You can absolutely do this in whatever town you call home. We are giving you all the resources. We STRONGLY suggest you invite at least one friend into the journey - you just need to access the resources!

- **If you want to gather friends wherever you are** - follow these steps.
[Click here to be routed to the Practicing the Way Scripture resource.](#)
 - You will have to log in.
 - Once there, click "Start this practice"
 - Then form a group, which is our first suggestion, or journey through the materials on your own time. We suggest once a week. Go Slowly!
- **If you just want access to the materials weekly as we walk through the series here at The Chapel.**
 - [Click here to join the group](#) and gain access to all the videos which you will watch weekly on your own. We strongly recommend having a roommate, partner, or buddy to watch and discuss these with.

We pray that this is the most spiritually robust Lenten Season of your Life.

EXTRA RESOURCES FOR SOLITUDE

There are so many resources for learning more about silence and solitude. You can read about some of them on this page, or you can find all of this information living on our website at Thechapelatseaside.com/solitude

The first resource you will want is the Solitude Companion Guide. It is free to download. Or you can order it on Amazon or Sundog Books has a few copies. It is a handy workbook with all kinds of info you may return to as you are walking through this practice.

Solitude Companion Guide Book - [Download here](#)
[Link to order on Amazon](#)

Rule of Life Podcast Listen to episodes Solitude 1-Solitude 4.

There is one for each week

Our friends at Practicing the Way make amazing resources and offer them to us for free. One of the tools I really appreciate is the podcast. You can get this podcast anywhere you listen to a podcast.

After you watch the video for your week, take some time to listen to the coordinating podcast to gain deeper understanding and practical application for what you heard on the video.

These are worth your time - I promise!



While there are many, many resources on solitude (or silence) - here is one we recommend if you are wanting to go a little deeper.

Invitation to Solitude and Silence: Experiencing God's Transforming Presence

by Ruth Haley Barton is a great one to start with.

If you are looking for something else, we are happy to recommend a few others.

HOLY WEEK SERVICE TIMES

MAUNDY THURSDAY

6:00pm Communion Service at the Chapel at Seaside
All are welcome and we practice an open table.

GOOD FRIDAY

6:00pm Reflective Service at the Chapel at Seaside
A time of music and storytelling
as we remember the crucifixion

EASTER SUNDAY - SAME SERVICES

6:00am Sunrise Service

Worship with us on the Beach at Sunrise on Easter Sunday!
Enter the beach through Coleman Pavilion,
dress for the weather, bring a blanket or chairs to sit on.

9:00am Chapel Service

We'll gather outdoors on the Chapel lawn and nearby green spaces
to worship together. Overflow seating will be available inside the
Chapel, and we'll also have a screen and sound on the Ruskin Park
lawn that will be perfect for spreading out with blankets and chairs
and enjoying the morning together.

Bring your own blankets and beach chairs for the Ruskin option.