



— *The Chapel at Seaside* —  
**FROM THE TOWER**

FEBRUARY, 2024 | VOL 16

**LENT**  
FEB 14-MARCH 31

What would happen if you took 6 weeks and built new rhythms into your life? If you took on some new journey or practice or challenge to see how it could refine, redirect, or reshape you.

There are plenty of popular and trendy things people do. 75 Hard. Whole30. 30 Tough. 28 Day Challenge. And likely tons more...but they all dial into the idea that there are things about your life that should be reassessed. Bad habits that need to be stopped and good habits that need to start. Practices that need to be incorporated into your regular rhythms and practices that you need to let go of. And after 75 or 30 or 28 days, you will likely have fundamentally shifted some of the things you do.

What if there was a 40 day journey that shifted something in your soul?

That is what Lent is.

Lent is simply a 40 day journey from Ash Wednesday to Easter morning. It is a time in the year when we journey with Jesus from the hills of Galilee to the streets of Jerusalem, from the triumphal entry on Palm Sunday to the passover meal on Maundy Thursday, from the hill of Golgotha on Friday to the empty tomb on Easter Sunday. Lent is the journey that prepares our hearts and minds to wrestle with the gravity of Easter and let it shape us. Sometimes during that time people will choose to give up certain foods or habits, stay off social media or 24 hour news, abstain from alcohol or tv. And sometime people take on new rhythms like daily prayer or scripture reading, weekly fasting or times of solitude, acts of generosity and service, or practices of gratitude. The practices of giving things up or taking things on will not save you, but they will likely remind you of the one who did.

This tradition of fasting, praying, and waiting on the Lord for 40 days are throughout the scriptures. We see it in the stories of Moses on Mt. Sinai when he received the 10 commandments in Exodus. With Elijah when he traveled 40 days to Mt. Horeb in 1 Kings. And of course with Jesus in the wilderness before he begins his public ministry. This practice of fasting and waiting on the Lord for days has been practiced since the beginning of our Judeo-Christian faith and in the church since the early followers of Jesus. Then just a few hundred years after Jesus, it was incorporated as part of the journey leading up to Easter.

This is a 1700 year old tradition, rooted in the 2000 year old story of Jesus, following in the ancient ways of Moses and Elijah.

Everyone tries something trendy...what if you tried something ancient?

So join us as we begin this 40 day journey.

It simply begins with Ash Wednesday where we are reminded about our own mortality, that from dust we came and to dust we will return and our only hope is to repent and believe in the gospel. We receive ashes on our forehead or hand (if you so choose) and we fix our eyes on Jesus.

Then each day we will provide scripture reading, devotional thoughts, reflections, and more through our Lent Guide. It will all culminate on Holy Week with the highs and lows that concludes with the resurrection of Jesus.

Now maybe you didn't grow up in a tradition that recognized the Christian calendar or paid attention to days like Ash Wednesday or the season of Lent. No worries. You are invited to journey with us. And remember, this journey is optional. It is purely invitational. It's a journey for your heart and soul. And good news, Jesus will still be celebrated on March 31st no matter.



**CHAPEL AT SEASIDE**  
**2024 LENT GUIDE**  
**DIGITAL DOWNLOAD**



# Finding Home

## A WORD FROM JOSH WADDELL ON OUR 20'S AND 30'S

Walking with Jesus can be hard. In a fast paced, hurried, “you do you” culture the ways of Jesus can seem so distant and different. We can feel that the values or ways of “Jesus living” are making us outsiders in our own culture. In Paul’s letter to the Romans, he acknowledges these same challenges the early church was facing. In Romans 12:2 Paul writes “do not conform to the pattern of this world but be transformed by the renewing of your mind.” Walking with Jesus is different, it’s uncommon, it’s a radical way of living. A renewed mind leads to a renewed life, a life that is uncommon. As we work to live out the uncommon lifestyle of Jesus, we recognize the need for community. A community that is working to grow in the knowledge that lives in the Bible and apply it to their everyday life; a community that is being transformed.

Over the past year there has been growth at the Chapel that has seen new demographics of people entering our community and church building. One of the results of this growth is the Chapel’s 20’s and 30’s group. This group consists of people in their 20’s and 30’s who are working to live out the uncommon life that is known as a follower of Christ. The group has grown monthly and consists of people from all walks of life and backgrounds. Over the past year this group began meeting regularly discussing their walk with Jesus and working to gain a better understanding of the Bible. As the group has grown a weekly meeting began to form on Tuesday nights at 6:30p. The focus of this time is sitting with one another and discussing the journey of walking with Jesus. These nights consist of vulnerable, authentic discussion about life, Bible, and the challenges we can face in our walk. There is laughter, tears, encouragement, and fellowship; all with the focus of building one another up in the walk with Jesus. It’s a time for transformation, a time of renewing the mind.

We are thankful for the Chapel and how God is using this building and this community to bring people together. If you are in your 20’s and 30’s and are looking for a place to meet and discuss we invite you to be a part of this group, everyone is welcome. It doesn’t matter if you have been walking with Jesus for most of your life or are brand new to the faith. It doesn’t matter if you are feeling the presence of God in your life daily or questioning the entire existence of God as a whole; we are here with a no judgement place to discuss life and God. Scan the QR code below or [follow this link](#). so we can connect you into the group as well as all the upcoming events we are having. As a part of this group, I am excited to see where God is taking us and grateful for the ways God is working through us in renewing our lives.

Josh Waddell



This crew has more than 35 people in it! We know that not everyone can show up every week. If you come when you are in town, you are sure to find some friends among us. We hope you will give us a try.



Josh and Chelsea Waddell have been an amazing team here at the Chapel at seaside. Along their dog, Willow, you will find them each week at the Chapel, pretty much always outside. Josh serves as one of our greeting team captains, Chelsea is one of our Kids Church leaders and together they participate in a home group and also have taken on the role of leading the home group to the 20's and 30's. Say hey next time you see them!

## THIS MONTH

**Feb 14th** - Ash Wednesday  
service at 6:00pm

**Feb 18th** - Seaside Race Day.  
**Kids church will not meet!**  
We will have worship at  
10:00am. We hope you  
participate in the run and join  
us for worship!

**March 3rd** - Communion  
Service at 9:00am  
Enjoy coffee between  
communion and worship at  
10am.



**SERMON PODCAST**  
Check out the latest sermons  
from the Chapel at Seaside  
on Apple Podcasts or most  
places where podcasts are  
streamed.

## LENT SEASON SERVICE SCHEDULE

**ASH WEDNESDAY**  
**2.14.24 6:00PM**  
AT THE CHAPEL

**MAUNDY THURSDAY**  
**COMMUNION SERVICE**  
**3.28.24 6:00PM**  
AT THE CHAPEL

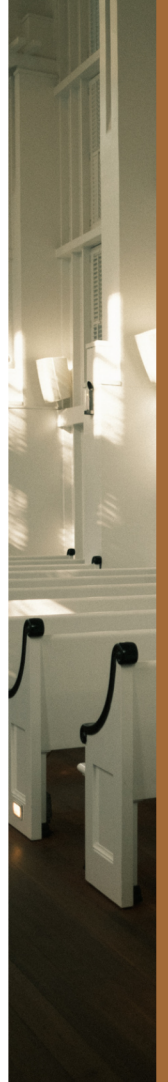
**GOOD FRIDAY**  
**3.29.24 6:00PM**  
AT THE CHAPEL

**EASTER SUNDAY**  
**3.31.24**  
there will be no kids church on Easter Sunday

**6:00AM SUNRISE**  
SEASIDE BEACH

**8:30AM**  
AT THE CHAPEL  
historically the lowest attended service

**10:00AM**  
AT THE CHAPEL



## KIDS CHURCH

KIDS CHURCH FOR THE CHAPEL AT SEASIDE IS FOR  
ALL KIDS 5Y-6TH GRADE.  
WE MEET AT THE SEASIDE NEIGHBORHOOD SCHOOL.  
CHECK-IN AND PICK-UP HAPPEN THERE. YOU CAN  
START CHECKING YOUR KID IN AT 9:40. TO  
REGISTER THEM AHEAD OF TIME, YOU CAN FILL  
OUT THE FORM VIA THE QR CODE BELOW!



## BIBLE Study

JOIN US FOR BIBLE STUDY THIS WEEK RIGHT  
HERE AT THE CHAPEL. WE ARE CURRENTLY  
STUDYING THE BOOK OF MATTHEW

**WEDNESDAYS**  
**MEN 8:30AM - LADIES 10:00AM**

**THURSDAY**  
20'S AND 30'S MEET AT 8:00AM.

WE WILL MEET EVERY WEEK IN FEB. AND THE  
WEEK OF MARCH 6TH AND 13TH  
WE WILL BREAK TILL THE WEEK OF APRIL 10TH.

ALL ARE WELCOME!