

Thoughts...

When I was in college, I had disheveled blond hair, wore a puka shell necklace and apparently looked like a surfer. I led the orientation program at the school I went to and people would regularly ask if I was from California...no...I was from Missouri and I had never surfed.

My senior year of college my friends road tripped to California, and I finally went surfing for the first time. I was not good, but I got up.

Almost 20 years later, I was in California again and went surfing...still not good, but again I tried and I got up. Now I live at the beach. We have surf boards...but we've only used them a few times.

I like the idea of it and I want our boys to surf, but it's hard to get up and going, it's hard to make the commitment, and it's hard to jump into the water before the sun has risen.

Foster, my oldest, has disheveled blond hair and wears a puka shell necklace too.

Then this past Sunday, someone at church told us, "The surf will be good on Tuesday so do not miss this opportunity!"

I liked the idea of it, but I didn't want to get up and going and Foster didn't either. I didn't want to make the commitment or jump into the water before the sun was up.

But do you know what? We did. Sarah, Foster, and I all got up before sunrise. He caught a few waves, and then he was off to school. It was amazing.

Up until that point, Foster and I may have looked the part and owned the equipment, but we weren't taking the steps to actually surf. We were missing out on so much goodness.

The same can be true in our discipleship to Jesus.

We can look the part, we can own a Bible, but if we aren't taking steps to trust in Jesus, to be changed by him and to follow in his ways, we are missing out on so much goodness.

The ways of Jesus rebel against the ways of the world.

This fall we are going to talk more about what it means to be a disciple of Jesus, to abide in his teaching, to be changed by him, and to embody his way of life. When we follow after him in these ways, it will lead to so much goodness.

If you haven't been to worship in awhile, I invite you to join us again when you can. If you've missed some services and want to see where we've been, I invite you to check out the podcasts. If you don't have any community or connection, I invite you to join us for Bible Studies or join one of our HomeGroups.

Following after Jesus doesn't require anything except laying your life down. You may not feel good at it, but good news: He is. So just try.

You may end up getting up before the sun rises. You may end up committing to things you are hesitant about. You may end up jumping into something that gives you life and life to the fullest, and it is amazing.





If you have kids in town ages 5yo-7th grade, we would love to have them join us for Kids' Church. You can fill out the info below and drop them off with us at the Seaside Neighborhood School, or you can sign them in on site at the Chapel and at 9:55 they will be walked over to the School. We will also be walking them back to The Chapel at 11:00.

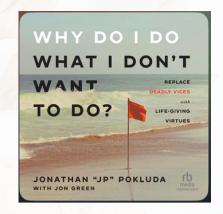
If you want your kids to join us for Kids' Church, they must be in our database. You can fill out info on-site at drop-off or ahead of time, right here:

https://thechapelatseaside.churchcenter.com/people/forms/239938

On Your Bookshelf

This summer I, Sarah, read this book with Bella, our Summer Kids" Church Intern. I have known who JP Pokluda is for years as we were in the same city, Dallas, doing the same work, college and young adult ministry. JP is now leading a church in Waco, TX. He has had quite a journey coming to know the Lord and leading people to Jesus. He doesn't shy away from telling his story while encouraging us to examine the areas in our lives on which sin may have a stronghold.

His book, "Why Do I Do What I Don't Want to Do," offers insightful perspectives on the inner struggles that often lead us to act against our own desires to follow and be like Jesus. Each chapter also ends with a few questions for some self reflection. JP's voice is one that echoes our cry of how discipleship to Jesus means taking action. To change to be like Christ means we have to face down some of the issues that we are letting control us. Maybe we even have some struggles or patterns that we haven't identified as sin and this read may be a beautiful flashilight for your life. The book serves as a thought-provoking exploration of our internal battles and how change is promised through walking with Jesus.



Previously Recommended

Emotionally Healthy Spirituality

Day by Day: A 40-Day Journey

with the Daily Office

Our favorite local bookstore, Sundog Books, does their best to have a few copies in stock of our reccommended reading if you want to support local!

The Proverbs Project

On August 6th we hosted an afternoon event with the authors of the <u>Proverbs Project</u>. The authors are counselors and they walked us through different ways to connect to the kids in our lives. It was a fun afternoon event, and I have much more to learn from them. We are thankful for their visit and the resource they have written. It is an amazing and simple family devotional to help us teach about our kids about wisdom. If you missed it, you can still grab a copy of the book from us at the Chapel.





If you call the Chapel at Seaside your home and you are a woman, would you join us for the first ever T.E.A.?

Women have an innate need to fellowship with one another often connected by a supportive network. We need to gather T.ogether and E.ncourage one another to A.ction. We believe there is power in this common experience because so many of us feel like we are in this alone. Our hope for this event is to gather T.ogether for E.ncouragement through scripture, conversation, and prayer so we are able to step out in A.ctive obedience to what the Lord is leading us to do. Join us for a lovely evening with dinner and a resource to takeaway! Location TBD by registration numbers. Cost is \$35.00 and you can register and pay here.



We ended July with an event on Prayer. We believe the Lord is doing something in this city and we want to be a part of it.

We were so blessed to have our friend Katie Campbell come and talk to us about prayer - the power of it, and ways to do it. She challenged us to pray big bold prayers! I was personally challenged to write down a few things that I had given up praying about because I wasn't sure that they were worth God's time or I didn't really believe God can come through. As Katie spoke about God's promises I was reinvigorated to draw near to the Lord and ask that God meet me in these requests or change my heart. I love that the scripture tells us we can draw near to the throne with boldness and was grateful for the reminder.

As we said in last months Tower, we believe that part of our job here is to equip you with tools that help you connect with Jesus. We know that the first step of walking with the Lord is showing up. Some of us make time to show up, we sit still and then we wonder, "What am I supposed to do now?" "How does this work?" or even, "Is anything actually happening?" Well, one of the resources that Katie provided for us was a prayer method or prayer guide. It seemed only fitting to include it for you in this month's Tower! For anyone who feels stuck, we pray that this is a helpful tool for you!

KATIE IS THE FOUNDER OF 30A PRAYS. SHE LEADS A PRAYER WALK AROUND SEASIDE EVERY WEEK. TO FIND OUT MORE ABOUT 30A PRAYS AND TO JOIN IN PRAYER, CHECK HER OUT AT 30APRAYS.COM



Speaking of prayer, we also prayed for and blessed all the kids headed back to school for the fall. Please continue to pray for these amazing kids!



"They all were continually united in prayer..." Acts 1:14

1. Silence

Quiet your heart. Take deep breaths and prepare your heart to be in God's presence. (Psalms 27:4)

- Psalms 46:10
- Psalms 51:10

2. Invite

Invite God to come. God comes where he is wanted.

- 2 Corinthians 3:17
- Isaiah 56:7
- Psalm 84:1-2

3. Praise

Worship, praise, and thank God for his goodness.

- Write or draw your gratitude or read a Psalm out loud.
- Psalms 95:6
- Psalms 100

4. Repent

Come humbly, repent, receive forgiveness.
Colossians 3: 12-13

- James 5:16
- Matthew 10:6-15
- Is there anyone you need to ask for forgiveness? Who do you need to forgive?

5. Contend

Contend for Salvations, Renewal, and Unity among believers

- For open hearts to receive the Gospel (2 Peter 3:9)
- A courageous Church to boldly proclaim. (Romans 1:16)
- Ephesians 4:1-3

6. Ask

In Jesus name ask boldly. Hebrews 4:16

- Personal requests
- Friends and Family
- The City and Nation. Pray for leaders. 1 Timothy 2:1-5

If you ask me anything in my name, I will do it.

John 14:14



SERMON PODCAST

Check out the latest sermons from the Chapel at Seaside on Apple Podcasts or most places where podcasts are. streamed.

Bible Study

changed! We have 2 different Bible studies going on.

Men and Women's Bible Study meet on Wednesday mornings at The Chapel. Men meet at 8:30am

Women meet at 10:00am

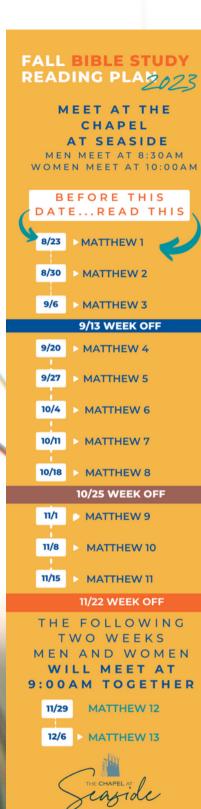
According to Matthew. You can pick up the bookmark of the reading plan at The Chapel.

20's and 30's Meet at 8:00am on Thursdays at The Chapel.

oung people in their 20's and 30's gathering together to dig our 20's and 30's group here.



Sept 3 and Oct 1: Communion Service at 9:00am. (10:00am worship to follow) October 1 - 6:00pm - Night of Worship at the Chapel with Daniel Pratt and Friends from The Pour Worship.



THECHAPELATSEASIDE.COM